

August 25, 2018

Tuftonboro 5K Run/Walk

205 Middle Road (Rte. 109A), Tuftonboro Central School • Ctr. Tuftonboro, NH

A Tuftonboro Old Home Days Event

Registration & Sign in Begins: 7am

Walk 8am • Run 8:30am

Sign up online at

http://www.lightboxreg.com/tuftonboro_2018



**Great Family Activity!
Walkers Encouraged to Participate!**

www.tuftonboro.org

parksandrec@tuftonboro.org

Sponsored by



Skelley's Market



CWA Lighting Group, LLC • DJ's Septic Pumping Services, Inc. • The Black Bear Micro Roastery
Scenic Home Inspections, LLC • P and D Zimmerman, FLP • Winnepesaukee Lumber • Village Old Car Shop
Lanes End Marina • Twin Ash Carpentry & Building • YMCA Camp Belnap • William Lawrence Camp
Camp Sentinel • AYF Merrowvista • North Woods, Pleasant Valley, Sandy Island and Laughing Loon YMCA Camps

A Portion of the Proceeds Benefit the Tuftonboro Scholarship Fund

7th Annual Tuftonboro 5K Run/Walk • 8/25/18

Male Female Run Walk Your Age On Race Day _____

Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ Email _____

Registration Fee: 12 years and under Run/walk-**\$15**
13 years and Older Run/walk-**\$20**

T-Shirt Size Youth Small Medium Large
Adult Small Medium Large XL

Race Day Registration Fee:

13 and older – **\$25**, 12 and under – **\$20**

(First 75 Registrations - Register by Aug. 13, 2018 to ensure correct shirt size)

Tuftonboro Parks and Recreation Release of Liability

Please **CAREFULLY READ this RELEASE OF LIABILITY.** In consideration of being permitted to participate in the Town of Tuftonboro Parks and Recreation function/event, the undersigned: 1. Hereby releases, waives, discharges and covenants not to sue the Town of Tuftonboro, its officials, employees, agents and representatives (hereinafter "Releasees") from all liability to the undersigned, and his/her representatives, heirs and successors in interest (hereinafter "undersigned") for any and all loss or damage, and any claim or demands therefore on account of injury to the person or property of the undersigned, whether caused by the negligence of the Releasees or otherwise while the undersigned is participating in the function/event. 2. Hereby agrees to indemnify and save and hold harmless the Releasees from any loss, injury, liability, damage or cost they may incur due to the presence of the undersigned participating in the function/event. 3. Hereby assumes full responsibility for and risk of bodily injury or property damage, including but not limited to death, paralysis, brain injury, heart attack, stroke, aneurysm, broken bones, torn tendons or ligaments, torn muscles, spinal injury, damage to organs, disease, infection and any other physical or emotional injury, medical or psychiatric condition or complications of any kind whatsoever, due to any cause, including the negligence of Releasees or otherwise, while participating in the function/event. 4. Hereby represents and warrants: (a) that he/she acknowledges that presence and participation in or about is an unsupervised basis and is otherwise dangerous and involves the risk of serious bodily and psychiatric injury, death and property damage; (b) that some of the risks of harm include, but are not limited to, physical activity and exertion, equipment failure, equipment maintenance or lack thereof, equipment defects, slippery surfaces, obstacles which might cause trip and falls, pre-existing health problems, carelessness and negligence of Releasees or others, structural failures, design defects, impeded access, electrical, heat, air conditioning or ventilation defects, lack of security and/or supervision, and any other risk of harm whatsoever that one might encounter; (c) that he/she has read this Release of Liability carefully and had an opportunity to review it with legal counsel; and (d) that he/she is in good health and has no physical condition that prevents them from participating in the function/event.

Signature (Parent signature if under 18) _____ Date _____

Mail Form & Payment To: Tuftonboro Parks and Rec • PO Box 98 • Ctr. Tuftonboro, NH 03816