

The Tuftonboro Times

Vol XXI, No 5

A Quarterly Newsletter Published by the Tuftonboro Association

Fall 2019

Salmon Sunday is November 10th in Melvin Village

Editor's note: Portions of this article are reprinted from a news article published on the website: <https://www.nhfishandwildlife.com/events.php>.

Find out everything you wanted to know about fish and fisheries at New Hampshire Fish and Game's annual Salmon Sunday at Pope Dam in Melvin Village on November 10 from 1:00 p.m. to 3:00 p.m. Pope Dam is located nine miles north of Wolfeboro on Route 109.

Salmon Sunday is a great opportunity for young and old to view, up close, landlocked salmon from Lake Winnepesaukee, says Don Miller, fisheries biologist for the Lakes Region. "Kids love to see the big salmon and rainbow trout, averaging about four pounds each, and watch the egg-collecting process."

During the event, fisheries biologists will be busy harvesting, or "stripping" eggs and milt (sperm) from adult salmon. Standing knee-deep in the cold water of Melvin River, the scientists expertly relieve the colorful adult female salmon of their eggs by stroking their stomachs. Milt (sperm) from the male fish is obtained in the same way and mixed with the gold-colored eggs to fertilize them. This activity is all part of the "behind-the-scenes" work Fish and Game does to help maintain the landlocked salmon population in New Hampshire's big lakes.

Fish for the stripping demonstration are netted from Lake Winnepesaukee during October and early



A fish & Game biologist holds up a large landlocked salmon for all to see during last year's Salmon Stripping Sunday demonstration.

November. They are returned to the lake after their eggs and milt have been collected. The fertilized eggs are taken to Powder Mill Hatchery in New Durham, where they'll hatch in three to four months. The salmon are raised in the hatchery for about 18 months, then stocked into Lake Winnepesaukee and other New Hampshire lakes.

Fish and Game staff will be on hand to answer questions about the salmon, the egg-stripping process and the stocking program that ensures these beautiful fish continue to be available in the lakes for anglers to catch. Salmon Sunday will be held rain or shine.

In addition to the salmon stripping, across the street from the Pope Dam, Robert Cram and Michael Mooney will once again open their beautiful home and display their growing collection of White Mountain Art to the public. Robert writes: "It's a day of teachable moments for everyone involved. An opportunity for neighbors, friends, relatives and the public to learn about NH Fish and Game and the fisheries, have a hot meal, bowl of soup or chowder and hot mulled cider."

In September Robert wrote: "I get excited every year for Salmon Sunday". I am harvesting the cranberries along the shore of Richardson Lake for canning of the cranberry chutney. The cranberries are large and plentiful. I am hopeful of having over 150 jars to give out.

"We will again feature the soup bar on the porch this year as it was a hit last year. We will have the

fish chowder, the black bean kale Portuguese soup, and chile. The lunch menu will have seasoned pork loin, turkey, lasagna, spiral ham, scalloped potatoes, and sweet and sour meatballs. I will again feature my homemade carrot cake with cream cheese frosting and pineapple upside down cake on the dessert table along with an assortment of cookies to include oatmeal scotchies, peanut butter-coconut macaroons, Toll House, and oatmeal-raisin-pecan cookies. Lunch will be served at 11:00, Fish and Game activities start at noon."

Robert goes on to explain "This will be our fifteenth year having an open house on Salmon Stripping Sunday. We began the open house for a late fall get together. The event has grown to close to 300 people, and everyone gets fish beads as they enter."

Robert and Michael's friends and neighbors volunteer their time to serve the food, fill coffee and soup containers, manage the ovens and the stove, handle the trash and clean up the dishes. As Robert said: "It certainly does take a village."

Robert Cram summed it all up: "Above all, I love the spirit and camaraderie, the crowd is diverse, the feeling is friendly and it's awesome to meet new people. For those that have attended, they always come back and usually bring someone new along. We look forward to seeing everyone. Bring something to share and dress warmly."



Spectators gather around the enclosure at Pope Dam to see the salmon stripping.

**Edited by:
Dan Barnard**

Volunteers help the Great Meadow trail become a reality

With financial help from The Tuftonboro association, the Great Meadow parking area was constructed on the north side of Sodom Road between the Town Garage and the intersection with County Road. Jeff Moody, the contractor, did a great job.

Since then a proposed trail location has been laid out and mapped by Steve Wingate and Mark Howard. They also measured and estimated materials for the many stream crossings and wetland areas. Volunteers Ian Whitmore, Ann Vinnicombe, Don Dow, Jane Batchelder, and Steve Wingate cleared out the old road leading to the abandoned gravel pit. This will be used to deal with the invasive weeds established in the old pit, remove some old appliances and a boat dumped there, and to stage the construction of bridges and boardwalks for the trail.

On Saturday, August 10, a focus group representing the Tuftonboro Conservation Commission, Tuftonboro Association, and trail volunteers assembled at the parking area and trail head off Sodom Rd. The purpose was to consider trail location options and construction techniques. The following people attended and participated; Mark Howard and Sue Wingate from the Tuftonboro Association, Kate Nesbit, a member of both the Tuftonboro Association and the Conservation Commission, volunteers Sue Morrison, Don Dow, and Steve Wingate, Chairman of the Conservation Commission.

The group toured and commented on a sample of cleared trail, trail location alternatives, and a demonstration of boardwalk and bridge options. Trail clearing, brushing, and demonstration construction was previously accomplished by Ann Vinnicombe, Ian Whitmore, and Steve Wingate.

The consensus of the group was to use a trail location option that approaches the low wet area from a ridge that provides a pleasing view of the terrain below and avoids some of the wet soils of other alternatives. The group also supported a 48-inch vs.



Focus group members (L-R) Kate Nesbit, Steve Wingate, Don Dow, Sue Morrison, and Mark Howard look at the trail map at the parking area.

32-inch wide boardwalk with a toe rail. Although the 48-inch boardwalk would increase costs and construction difficulty, the volunteers felt that the added width would create a safe and comfortable experience for all hikers. The group also preferred using 1½ x 6-inch material vs. 1-inch decking for bridges to provide a firm base for handrails.

Other issues discussed included: placement of a kiosk, trail entrance design, vehicle or ATV barriers, and trail markers. More information needs to be developed to determine these solutions.

The selection of the ridgeline trail location option will require crossing less but different wet area locations and updating the materials lists. Most of these issues have been resolved, and the process of ordering materials and scheduling workdays has begun. Two volunteer workdays were needed to brush out the main trail to the Great Meadow edge. Two other workdays were rained out.

The crew will be taking a break from the Great Meadow trail effort to reconstruct the wildlife observation platform at Copp's pond. This community gem was constructed as an Eagle Scout

project by Jacob Evans and troop 165 in 2008. His mother Dawn Evans was a former member of the Conservation Commission. Recently, several floor joists have cracked raising safety issues. The decking and other wood frame parts have aged greatly. It was decided that rebuilding would be a better approach than trying to make repairs. Mike Haeger, who worked on the original construction, is in charge of the project. The observation platform will be unavailable for use during the construction.

It is hoped that work will resume on the Great Meadow Trail in late October and continue into November. We have a small but hardworking group of volunteers, but there is plenty of room for more people to help. Interested? Call the Conservation Commission at 569-4539, ext. 12 and leave a message with your contact information. Or send an e-mail to conservation@tuftonboro.org and we will put you on the notification list for project workdays.

**Steve Wingate, Chairman
Tuftonboro Conservation Commission**

Country, bluegrass and gospel jam every Tuesday evening

All are invited to the weekly, old-fashioned country, bluegrass, and gospel jam session at the historic Old White Church of Center Tuftonboro.

Musicians and listeners alike gather here each Tuesday evening from 6:30 until 9:30 pm to sing, play their instruments, learn new songs, and share their musical skills and ideas with others. The mix of instruments usually includes some guitars, dobro, banjo, fiddle, piano, string bass, a mandolin or two and, of course, there are singers. The jam sessions are open to singers, instrumentalists, and fans of country, bluegrass, and gospel music. There is no admission charge,

but a \$2 minimum donation is suggested.

Five months ago, on May 11, there was standing room only at the Old White Church to hear a lively evening of Bluegrass and Old-Time Mountain Music by renowned five-string banjo virtuoso and singer, Michelle Canning, along with award-winning mountain dulcimer player and singer, Sarah Kate Morgan. The overflow audience loved the ladies and their music.

Joe Ewing sang one song with the women at the end of the set and got a chance to talk to the audience. He asked if he should invite Canning and Morgan back next year and the answer

was an overwhelming "yes!" They are now scheduled to be back in Tuftonboro on Saturday, May 9, 2020.

The Old White Church is located on Route 109A, just across from the Tuftonboro General Store & Post Office. Although this historic building no longer has an active congregation, it continues to serve as a place of public gatherings and as a music hall. Everyone is invited to attend a jam session while enjoying some cookies and a cup of coffee, every Tuesday evening from 6:30 until 9:30 pm. Come enjoy the fun!

Joe Ewing, Music Meister

Constant vigilance is needed to protect our valuable lakes

Ahh, autumn. Mirror Lake is such a refuge for those who love the natural beauty of the lake and the grandeur of Mt. Shaw which rises impressively over the lake. Residents living around Mirror Lake marvel at the assorted views of the mountain from various angles, especially from docks, decks, and living room windows. With its summit of 2,990 feet, Mt. Shaw is the highest peak in the Ossipee Mountain Range. On very still autumn mornings Mt. Shaw is perfectly reflected in Mirror Lake. On clear fall nights, it is the stars that are reflected in the water.

Much as we treasure the lake and would love to simply kick back and enjoy it, this year's two premier water meetings emphasized the need to be proactive in taking care of our lakes: the Wolfeboro Water Summit III and the 26th Lakes Congress-NH Lakes.

The Water Summit at The Great Hall in Wolfeboro on May 11, 2019 focused on the looming threat of cyanobacteria to all lakes in the Wolfeboro area. Dr. Jim Haney, a UNH professor in biological sciences, shared information that was alarming as well as facts that were reassuring. The alarming information related to the increasing incidents of cyanobacteria blooms in the Lakes Region and the toxic nature of certain blooms which have caused the illness and, sometimes, death of dogs who swim in and drink the blooms in the water. Known as liver and neurological toxins, cyanobacteria blooms have been linked to Parkinson's, ALS, and Alzheimer's in certain lakes across the United States. Dr. Haney acknowledged there may be other unknown factors contributing to clusters of outbreaks in people living near particular lakes where patterns of disease are noted. None of these patterned lakes are in the Lakes Region. The reassuring information was that blooms are not always toxic; cyanobacteria is an ancient and natural part of all lakes. Phosphorus levels, which can be controlled, when kept low will assure that cyanobacteria outbreaks will not occur, and, most importantly, people can exercise some degree of control over how much phosphorus enters a lake. Finally, the NH Department of Environmental Services is vigilant about cyanobacteria bloom outbreaks and will close beaches until the blooms are gone.

Wolfeboro has organized a Cyanobacteria Task Force with the mission of 1) assessing water quality, 2) identifying and mitigating stormwater runoff, 3) informing the general public, and 4) creating protocols to evaluate and respond to blooms. Mirror Lake volunteers are connected with the task force, and they bring vital information to lake residents.

Larry Gil, representing Mirror Lake, served on a panel at the Lakes Congress and shared information specifically related to Mirror Lake including the fact that we have about 50 years of lake data and a very good idea of the trends on the lake. Mirror Lake

had a cyanobacteria outbreak in 2007, and the event prompted a study supported by a 319 Grant written by Dusty Davies, which led to the development of a Watershed Management Plan designed by Geosyntec Consultants, an environmental consulting firm. Over the past dozen years, Mirror Lake residents have faithfully implemented the action items recommended in the Geosyntec plan and, consequently, have seen a reduction in the levels of phosphorus. Additionally, Mirror Lake is free from invasive plants at this time due in part to the work of the Weed Watchers team and the Lake Host program. Phosphorus levels and invasive species require constant surveillance, and measures are in place for Mirror Lake.

The 26th Lakes Congress held on May 31, 2019 at Church Landing in Meredith is an annual event focused on all lakes and ponds in New Hampshire. Tom O'Brien, the President of New Hampshire Lakes, opened with the happy reminder that New Hampshire is home to some of the cleanest and healthiest lakes in the country. He noted our duty to be vigilant about caring for the lakes and mediating threats to clean water. Tom also shared the great news that blueberry sod is available for those wishing to create a natural barrier on property bordering a lake. Simply place the sod close to the lake and a natural stormwater runoff barrier is created along with yielding delicious berries every summer.

Eric Eckl was the keynote speaker, and he reviewed the impact on American lakes when moving from a primarily rural country in the 1930s to an industrialized nation. As farmland gave way to paved surfaces, including roofs, rain-water runoff headed directly into streams and rivers without the natural filtering of soaking into the land. Various materials, especially phosphorus, enter waterways when unfiltered stormwater flows freely. Increased phosphorus levels have led to cyanobacteria outbreaks throughout the country. Eckl showed the impact of phosphorus-rich fertilizer and other phosphorus-laden materials on lakes and cautioned that individual landowners typically resist the idea that they are responsible for, or can correct, problems in a lake. Yet, homeowners are often the culprits and the key to solutions. Homeowners often resist solutions to lake contamination because 1) they find the problem insurmountable or don't really believe there is a problem; 2) there are costs involved; and 3) people can be indecisive when it is time to take action. The data indicates there is indeed a problem in New Hampshire based on reports of cyanobacteria outbreaks rising from 300 to 800 last year.

There are several actions homeowners can take to prevent phosphorus from entering the lake. All efforts are directed at stopping stormwater runoff from entering the lake directly and include:



Mount Shaw, tallest of the Ossipee mountains, reflected in Mirror Lake.

- Establishing small gardens;
 - Planting or leaving a natural barrier at the shoreline;
 - Digging trenches below rooflines and other areas where water rushes toward the lake;
 - Using fertilizer without phosphorus;
 - Using detergents without phosphorus;
 - Purchasing rain barrels to capture stormwater;
 - Paving walkways and driveways with pervious materials so that stormwater can soak through to the earth below;
 - Building infiltration steps to allow water to soak into the land rather than rush directly to the lake.
- We can all appreciate a beautiful lake and a majestic mountain. And we can all do our part, however small, to protect those gorgeous gifts. Then we truly can kick back and enjoy the lake.

**Kathleen Sciarappa
Mirror Lake Protective Association**

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the Voice of the
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Historical Society will be inactive during the winter

The Historical Society is winding down for the season with one last scheduled program on Wednesday, October 23 at 6:00 p.m. at Willing Workers Hall. It will include a pot-luck supper followed by Conservation Officer Ken St. Pierre speaking about Fish and Game's Search and Rescue mission. Bring a supper to share and your own place setting.

The Museum has now been "buttoned" up

for the winter and we thank ALL who donated and volunteered their time. Sue Weeks is busy all year cataloguing our "paper," i.e. letters, photos, diaries, and newspaper articles all related to Tuftonboro. Most everything gets put into three-ring binders for any and all to see when they visit the museum. We are always looking for things related to Tuftonboro, so, if you have something, please ask us if we are interested

before you dispose of it.

Cory Hunter's Village Green landscaping crew is keeping the grounds looking their best. All of Corey's efforts are donated to the Historical Society.

Wishing all a good winter and see you in May.

Jackie Rollins, President
Tuftonboro Historical Society

New opportunities for students at the Central School

The school year has begun with great success. The Tuftonboro Central School community welcomes new teachers Sarah Creighton (Kindergarten), Laura Tsononis (Grade 1), Wendy Iffland (Grade 4), and Morgan Kozyra (Grade 5). Cassie Dostie and Christal Carley have also joined the staff as instructional assistants. Dave Cash was promoted to Head Custodian, which paved the way for the hire of Ned Schwartz as a night-time custodian. Everyone is settling in nicely at the school.

Last winter staff members at Tuftonboro Central School met about opportunities for students. We discussed groups and clubs at school, and we discussed needs for students outside of school. With generous donations from community members, we created the Knight Owls Enrichment Program. The goal was to start small and focus on immediate needs. Tuftonboro

would like to grow the program, offering new experiences and adventures outside of Tuftonboro Central School. The program kicked off during the end of trimester 2 last year. With the funds we were able to purchase snacks for students, offering a snack a day to each child at the school. The snacks are stored in the Nurse's office, and students can stop by and grab one when they need it. In addition, we purchased 4 bikes for bike safety day. This allowed students who didn't own bikes to join the adventure. The program supported families needing to attend events outside of TCS, as well. The first year was a great success. We look forward to offering more opportunities connected to experiences, music, art, dance, STEM, and sports. Mary DeMasi is the contact and coordinator for this program, and you can get a hold of her at mde-masi@govwentworth.k12.nh.us.

In addition to this opportunity, we are offering more clubs to students throughout the year. Last year the school offered Robotics, Student Council, Hiking Club, Jump Rope Club, and Yearbook. The PTCO generously offered Lego Club and Chess Club. Those clubs will remain for the 2019-2020 school year. New additions for clubs this year are Drama Club, Mindfulness Camp, Rock Climbing Club, and Biking Club. Students are excited about these offerings.

Tuftonboro Central School is ready for another school year, and we are thankful for the great community support!

Ryan Gilpatrick, Principal
Tuftonboro Central School

PUBLIC NOTICE

THE SUPERVISORS OF THE
CHECKLIST WILL BE MEETING
IN A REQUIRED SESSION ON
FRIDAY, OCTOBER 25, 2019
FROM 7:00 PM – 7:30 PM
AT THE TUFTONBORO TOWN
OFFICE.

ADDITIONS AND CORRECTIONS
TO THE CHECKLIST WILL BE
ACCEPTED AT THIS TIME.

***THIS IS THE LAST
OPPORTUNITY TO CHANGE
PARTY AFFILIATION PRIOR TO
THE PRESIDENTIAL PRIMARY.****

*The date for the Presidential
Primary has not been set by the State.

**WILLIAM ROLLINS
MARIANNE MARCUSSEN
CHRISTOPHER RUEL**



ATTENTION ALL CRAFTERS!

What: Annual Holiday Bazaar

Where: TCS Gymnasium

**When: Saturday, November 2nd, 2019;
9am-2pm**

**Cost: \$35/table + a donated item for
the PTCO raffle.**

**To participate & obtain a registration form,
contact: Jessica Reed at (603) 387-1287;
jessicamurrayreed@gmail.com
Event hosted by: Tuftonboro Central School PTCO**

Library addition on schedule, revised hours announced

So far, so good! Progress on the library addition continues apace and on schedule. By month's end, the roof will be shingled, exterior windows and doors will be in place, siding and trim installation will be well underway, and the new parking lot will have its first coat of asphalt. All set to bring the work inside for the winter!

Proceeding simultaneously, the library staff continues to work on re-barcoding and inventorying the collection, weeding ruthlessly, and boxing up lesser-used materials in preparation for emptying the current building completely in advance of interior demolition work and the renovation stage of the project.

We do intend to expand the current, small, used book sale in the entryway sometime next spring. In the meantime, we appreciate everyone's cooperation in not dropping off book/DVD/CD/puzzle donations until further notice. Those with such materials to donate can bring them to the Swap Shop at the Transfer Station during open hours through October 31: Tuesday, Saturday, and Sunday from 8:30 a.m. to 3:00 p.m. Thereafter, the Moultonborough Library will accept donations in good, clean, readable condition, but no textbooks, encyclopedias, or condensed books. The Huggins Hospital Street Fair Barn on 109A in Wolfeboro is another alternative for book donations.

And speaking of open hours...TFL is now closed Monday and Tuesday; open Wednesday through Saturday from 10 to 5:30 and Sunday from 10 to 3. This schedule shift will allow work on replacing old pipes and installing the new heating system in the current building to proceed uninterrupted for two consecutive days per week. Opening at 10:00 a.m.

will allow construction crews four uninterrupted morning hours for the remaining three weekdays. Both changes will help to keep the overall building project on time and on budget without unduly restricting patrons' access to the library.

The Trustees anticipate that expanded weekend hours will compensate for the Monday/Tuesday closure and the later opening time during the rest of the week. In addition to all regular onsite library services and resources, weekend patrons will find a selection of drop-in craft projects available on Saturdays, and morning coffee plus a range of local and national newspapers on Sundays. Online resources will continue to be accessible 24/7, as usual.

Although use of the Hamel Meeting Room is currently curtailed, we intend to continue regular library programming for as long as possible. That means First Grade field trips on Thursday afternoons, Preschool Story Hour at 10:00 on Fridays, the Saturday Writers Group from 10-noon on Saturdays, and both adult book discussion groups.

The Readers' Choice Book Group meets on the third Wednesday of the month from 10-noon. The discussion on November 20 will focus on *Dark Tide: The Great Boston Molasses Flood of 1919* by Stephen Puleo. Then it's back to fiction for the December 18 session, with Kristin Hannah's compelling novel, *The Great Alone*.

The History Book Group meets on the last Wednesday of the month at 7:00, but the upcoming Thanksgiving and Christmas holidays will mean a couple of date changes. The October 30 session focuses on *A Woman of No Importance: The Untold Story of the Spy Who Helped Win World War II*

by Sonia Purnell. November's selection will be considered on December 4: *The Pope and Mussolini* by David Kertzer. The group hasn't yet chosen a book for December, but that session is scheduled for Monday, December 30. New members are always welcome in both groups.

There's still time to catch the October art exhibit of gorgeous hooked rugs, chair and stool covers, wall hangings, and pillows, all created by the inspired members of the Happy Hookers. This is not their first exhibit at TFL, but it's been a couple of years since they last displayed their artistry here, and the walls and case are filled with beautiful new work.

Artist Jill Moxcey is back in November, showing her own whimsical art plus wonderful vintage molds created years ago by her father. And in December, first-time exhibitor Scott Evans displays his unique "nautical arts" – unique three-dimensional wooden vessels with varnish and brightwork shining.

The annual TCS Halloween Parade is scheduled for 2:15 p.m. on Thursday, October 31. The entire school – students, teachers, staff – marches from Davis Field to the library and back again, all caped and costumed to beat the band. Great photo ops! Come early for prime viewing and cheering in the TFL parking lot. You'll find overflow parking space in the field across the street.

The library will be closed on Thursday, November 28 and Friday, November 29 for Thanksgiving, on Wednesday, December 25 for Christmas, and on Wednesday, January 1, New Year's Day.

Christie V. Sarles
Librarian / Director

Christie Sarles named "Citizen of the Year" by Grange

Members of Tuftonboro Grange went on a "mystery ride" on Saturday, September 21, 2019. Attending were Mary Ann Murray, David Perkins, Florence Perkins, Joy Perkins, Martha Peterson, and Georgene Sellinger. Our surprise destination was the NH Farm Museum, Milton, NH.

We were met by Melvin Bailey, an awesome NH Farm Museum volunteer. He gave us the tour of the farmhouse giving the history as we went along. Afterwards we ventured into the barn where several of us completed a scavenger hunt. Mary Ann, David and I played a game of Grace using batons and tossing a wooden ring to each other. We even tried our luck at rolling hoops. The barn store held lots of fun items. We spent quite a bit of time browsing and getting that one item we couldn't live without.

We completed our adventure with a picnic lunch that was shared by all. Such a wonderful time was had...we didn't want it to end. If you haven't had a chance to take in the New Hampshire Farm Museum,

check it out. You won't be disappointed.

At the October 11 meeting of the Tuftonboro Grange Christie V. Sarles was honored with the 2019 Citizen of the Year recipient. Ms. Sarles has supported the Tuftonboro Free Library for many years, starting out as a Library Trustee and eventually becoming the library's director. We are pleased to present Christie with a Proclamation, a Certificate, and an award.

Also honored for their continuous years of membership with the Tuftonboro Grange were:

- Mrs. Florence Perkins for 65 continuous years of membership.
- Mr. David Oscarson for his 45 years.
- Ms. Karen Hoedtke for 45 years.
- Mr. David Perkins for 40 years.
- Mr. Wayne Perkins for 40 years.
- Mr. Raeburn Hodgdon for 35 years.
- Ms. Martha Peterson for 25 years.
- Ms. Joy Perkins for 25 years.

The Tuftonboro Grange is a non-partisan, non-

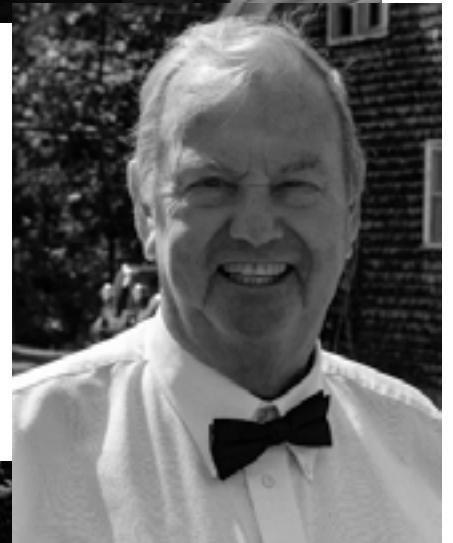


Members of the Tuftonboro Grange enjoy lunch at the NH Farm Museum.

sectarian organization. We are interested in education, legislation, social welfare, recreation and having meaning and purpose in life. We support stewardship of the earth, good schools, and a better and more wholesome living for all of us.

Joy Perkins, Secretary
Tuftonboro Grange #142

OLD HOME DAYS





Selectmen select Dearborn property for police facility

The summer went by quickly, and the leaves are turning into to a bright array of colors.

In May, the Dearborn property (opposite the Town Library) was selected as the site for the new Police Facility. In July, the Selectmen agreed to postpone construction of the new facility to the year 2021 in order to allow the Library addition project to be completed. The Board will prepare a warrant article for the 2020 Town Meeting to continue raising funds for the project while also investigating the possibility of grant funding. In addition, it is working to have detailed plans and a model available for review at Town Meeting.

Longtime Parks and Recreation Commission Chairman, Gina Lessard, was honored for her public service by the Lakes Region Planning Commission at their annual meeting. We thank Gina for her years of service and dedication to the Town. Dennis Zilembo has taken on Gina's former responsibilities in a newly created part-time Parks and Recreation Director position. Mr. Zilembo also monitors the Lake Host

program. The Lake Hosts successfully monitored 300 boats for milfoil this year.

Work continues on lakefront infrastructure improvements. G.W. Brooks and Sons was selected to complete the 19 Mile Bay Town Beach Improvement Project. Project cost has exceeded funding approved for this year. As a result, the new retaining wall for the perched beach and a stabilized access location will be completed this fall, but the remaining improvements will be deferred until next year when additional funding is available. Also, permitting and design work for renovation of Union Wharf and repair of the Lake Road bulkhead is proceeding slowly; the state approval process is proceeding at a glacial pace and may require action by the Executive Council. Finally, Melvin Wharf experienced ice damage during the spring thaw and is currently undergoing significant repair work.

Several recreational areas have received attention this year. We thank Eagle Scout Cole Finneron for his volunteer service of cleaning up the trail that

leads from the Tuftonboro Central School to the Library. The Tuftonboro Association donated monies for the construction of a parking area for the Great Meadow trail and has committed additional funding to provide trail construction material. A volunteer crew headed by Conservation Commission Chairman Steve Wingate has been engaged in trail clearing and construction through the summer and fall.

The reopening of the Swap Shop has proven successful due to a great volunteer effort. Following a successful season, it will close for the winter on November 3.

Chairman Chip Albee was appointed as the Selectmen's representative to the Carroll County Broadband Committee. This is a fast-moving collaborative effort to bring county-wide internet access.

Tuftonboro Board of Selectmen

William Albee, Chairman

Lloyd P. Wood

William J. Marcussen

Fire & Rescue Department warn of wintertime dangers

Fall has arrived and now is the time to think about things to do before old man "wintah" is upon us. Have you had your furnace checked? Have you cleaned your chimney? Have you checked your tires to make sure they are safe for winter travel? Have you cleaned out any leaves from around your furnace, stove or dryer vents? Make sure your washer fluid is topped up with good winter grade washer fluid. Change the batteries in your smoke and CO detectors. (Remember, when you change your clocks on November 3, change the batteries in your detectors.) There are many more things that should be done before winter, but these are a few of the most important ones. Hopefully they will jog your memory so that you can better be prepared. A lot can be said for the old saying "an ounce of prevention is worth a pound of cure."

With the heating season here be sure to have working carbon monoxide and working smoke detectors in your home. Carbon monoxide (CO) is known as the silent killer. It is a colorless, odorless gas that mixes freely with oxygen. CO is the result of combustion. It attaches to the red blood cells in place of oxygen and does not allow the cells to take up the needed oxygen. You can have a chronic CO condition in your home and never know it. Some of the symptoms mimic the flu or are severe headaches. People often ignore these symptoms and, finally they cannot wake up. For a full list of symptoms, you can Google "Carbon monoxide" and you will get thousands of sites explaining the hazards. There are also flyers available at the fire station or on the department website. That is why it is important to have your home heating devices checked annually. Also, never idle vehicles in a garage that is attached to

your house. In the event of a power outage, never run your generator inside or near an open door.

The fall has been dry. When the leaves come down, if a fire occurs it could spread very rapidly through the dry leaves. If you decide to burn, please do so with extreme caution and due diligence. Have a working hose nearby and never leave the fire unattended. Better yet wait until there is snow cover around your pile before burning it. There is a full detail of laws online linked through the department's website at www.tuftonboro.org, or you can get them at the Central Fire Station.

More times than not, our early snow is wet and heavy. Ease into the shoveling routine, and take frequent breaks. It's been a few months since we've had to deal with snow, and we are out of shoveling

shape. If you experience chest pains or shortness of breath outside of the norm, please seek immediate medical attention. Don't be stubborn or think a heart attack couldn't happen to you. The graveyard is full of people that thought the same thing. It could be nothing or it could be your body telling you there is a problem. LISTEN to it.

I hope you all have safe and healthy fall. If you have any questions for the Fire Department, please do not hesitate to call. Our number is the same: (603) 569-3381. And remember, fire permits are required until there is snow on the ground. Once there is snow on the ground, you can burn during the day but please call the dispatch center at 539-2262 to let us know.

Caleb Pike, Capt.

Tuftonboro Fire and Rescue



Long since retired, the original Engine No. 2, has evolved into a bigger and better new Engine No. 2, which was commissioned and put into service in July 2019.

Camp Sentinel Lodge is open year-round for activities

Camp Sentinel's ministry motto is, "Where Relationships Are Built and Lives Are Changed." These relationships are built through the programs we offer. Activities include swimming, archery, canoeing, kayaking, arts and crafts, traditional campfires, s'mores, soccer, volleyball, basketball, frisbee golf, Bible study, and other activities to have fun and build relationships. Sentinel Lodge is open year-round, and we host events to build strong community! These events are at no cost, with donations welcome for our scholarship fund.

Upcoming Community Events include:

Fall Nature Hike

Wednesday, October 9 at 11:00 a.m.

Turkey Feast!

Wednesday, November 20 at 11:00 a.m.

Snowshoe Hike

Thursday, January 16 at 11:00 a.m.

Snowshoe Hike

Wednesday, February 5 at 11:00 a.m.

RSVP to www.admin@campsentinel.org. See more events at www.campsentinel.org/events.

Camp Sentinel is a community mission for Tuftonboro. We provide scholarship assistance for campers, and never turn away a Tuftonboro resident for the inability to pay.

We love being in the Tuftonboro community!

Check out our website for more details at www.campsentinel.org or call the main office at (603) 539-4839. We look forward to hearing from you.

**Kevin Van Brunt, Director
Camp Sentinel**

Melvin Village church sponsors "Feet for Fuel" event

The Melvin Village Community Church welcomes you to join us Sunday mornings for an authentic gathering of young and old to experience and share in music, fellowship, and a positive encouraging message to inspire your faith journey. See what we are all about; service begins at 10:00 a.m. each Sunday morning. There are many ways to get involved, and we would welcome you and your family.

The second Sunday of each month is designated for children's activities including a children's story during the service. The children then head downstairs with a story, craft, and snack.

Community Game Night is the second Tuesday

of each month from 6:00 p.m. to 7:00 p.m. This is a monthly board game night for all ages.

Sunday, October 20 at 2:00 p.m. is the annual "Feet for Fuel" walk raising funds to help provide heating fuel for our neighbors.

Saturday, October 26 at 3:00 p.m. is "Trunk or Treat!" A fun community gathering of theme-based decorated car trunks filled with candy. All are welcome!

Sunday morning worship begins at 10:00 a.m. and provides a place where one can enjoy music of the bell choir or special music, Christian fellowship, and God-centered, bible-based teaching (Mark 12:30-31

- Love God, Love others.) MVCC is a community-minded fellowship of believers who give back in a multitude of ways. We help those in need through our FEET FOR FUEL program. If you are a neighbor in need of fuel assistance, please call the church at (603) 544.9661. If you would like more information about the church or upcoming events please visit the website at www.mvccnh.org, contact the church at (603) 544-9661 or email to info@mvccnh.org

Blessings,

**Rev. Kevin Van Brunt
Melvin Village Community Church**

Conservation Commission: Is your drinking water safe?

Research has taught us that up to 60% of the adult body is made up of water, and even more in children. This means we are what we drink, right? Do you know what you are putting into your body every day? The majority of us that live here in Tuftonboro rely on wells to provide our drinking water. Recent studies have shown that one in five private wells in New Hampshire test greater than the standard measurement for arsenic, while more than half of private wells contain detectable amounts of radon. Due to New Hampshire's geologic or soil conditions, certain contaminants, such as arsenic and radon, are found naturally in our groundwater, and these contaminants make their way into our wells. Although arsenic and radon are both colorless, odorless and tasteless, they have a huge impact on our health. Arsenic affects a broad range

of human organs and systems. Health risks include cancer of the bladder, lung, liver, prostate, and skin, as well as cardiovascular, pulmonary, immunological, neurological, reproductive, and endocrine problems. In addition to these health implications, arsenic affects children's intellectual development.

You may now be asking what can I do? The first step is to **test your water**! Even if you have tested your water in the past, it is recommended to do so every 3-5 years. The Tuftonboro Conservation Commission has placed well-water testing kits in the lobby of the Town Offices for your convenience. You can take one of these kits home, and either mail it back to the NH Department of Environmental Services (information included with kit), or drop it off at the lab in Concord. Your other option is to stay tuned in April

2020! The Tuftonboro Conservation Commission will be conducting a town-wide collection event. We will take the hassle out of transportation by transporting your water tests to Concord for you.

In the mean time, if you have any questions you can visit our Tuftonboro Conservation Well-Water Testing Initiative page at, <https://www.tuftonboro.org/conservation-commission/pages/well-water-testing-initiative>. Or take a peek at the NH DES website, <https://www.des.nh.gov/organization/divisions/water/dwgb/index.htm>. If you have further questions contact Laurel Podsen with the Tuftonboro Conservation Commission at laurelanne719@gmail.com.

**Laurel Podsen
Tuftonboro Conservation Commission**

Tuftonboro Agricultural Commission to survey gardeners

The Community Garden was a beehive of activity during the growing season. Many gardeners enjoyed fresh vegetables and beautiful flowers while meeting new friends. The use of the new composting site is an ongoing Tuftonboro Agricultural Commission (TAC) project. Of course, this effort was not without the challenges of weather and predators!

In mid-September, the gardeners celebrated with a pot-luck Happy Hour, organized by Karen Nemeth.

The gardens will have been put to bed by October 15, and Adam Stockman, of Spiderweb gardens, will mow, plow, and plant a cover crop for the winter. TAC has sent a questionnaire to the gardeners to gather their thoughts about improving the Community Garden experience.

**Joan Magrauth
Tuftonboro Agricultural Commission**



Composting bins were a new feature this year at the Community Garden.

Lakes Region Curling Association begins fifth year

Memories of the 2018 Winter Olympics are fading, and the 2022 competitions are but a distant dream. However, at the Pop Whalen Ice Arena in Wolfeboro, dozens of lakes region residents keep alive the spirit of the medieval sport of curling.

With registration completed for Lakes Region Curling Association's Fall season, the organization and its members will mark the start of their fifth year of bringing the Olympic sport to the region.

Running from mid-October to mid-December, the fall season offers eight weekly curling matches at Pop Whalen, while a Winter league runs from January to March. Registration for the Winter League will start in December.

Players can register singly, with a partner, or as full teams of four to six players. LRCA organizers find teams for players who are not already affiliated. No previous experience is needed, and the association provides all necessary equipment.

For those interested in trying their hand at the sport, without a long-term commitment, there are a

couple of upcoming opportunities to give curling a try. An hour-and-a-half learn-to-curl clinic is scheduled at Pop Whalen for Sunday, October 13, at 5 o'clock. No pre-registration is required.

For those with more time, the LRCA is teaming up with the Wolfeboro Department of Parks and Recreation to offer a four-week learn-to-curl league to run Tuesday mornings for an hour in November and December. The sessions will start at 10 a.m. See the Wolfeboro Parks and Rec web site for more information.

For men and women of all ages and fitness levels, curling is a sport that combines skill, teamwork, and strategy. With that in mind, LRCA matches put a premium on friendly competition, sportsmanship, and fun.

For information about the sport of curling in general and the LRCA, visit the association's web site at www.lakescurlingnh.org.

**Rich Masse, President
Lakes Region Curling Association**



Blaise Masse of Team Nine delivers a stone using the "sliding" method.

Libby Museum is fundraising for needed renovation work

The Libby Museum had the highest number of visitors in a decade this summer, with over 3000 people of all ages. Ever-popular live animal shows, kids' programs, and fundraisers that drew residents and visitors alike. New this summer were plant sales on Memorial and Labor Day weekends; "thank you" to everyone who bought locally-grown plants and "mums". We raised over \$2k towards the building restoration and are planning sales for next year as well. So, if you love unusual lilies, winter-tolerant perennials, and home-grown succulents mark your calendar for next Memorial Day!

The verdict is still out on The Museum's 2020 opening because our 107-year old building is leaking and creaking. The long and short of it is only a

stronger foundation, heat, and insulation will save the Museum and its rare collection (including many items given by generations of area residents.) Architects and engineers have made restoration plans; drop in and see the details. We're open weekends until Columbus Day.

If you're in a hurry, you'll be reminded of the importance to SAVE THE LIBBY when you drive by! There's now a small bear holding a cedar tree showing how close we are to our \$2.4m goal. He was carved by Brian Stockman and set-up by Ed Garrett (thanks to both).

Yes, it's a lot to raise, and you've heard it all before (we appreciate the many good causes), so why bother? Well, maybe you visited recently or as a child,

or your grandparents donated fish, snakes, or arrow heads, or you've been a "Friend" of The Libby over the years. Or, maybe, you'd like to make sure future generations learn about wildlife and local history (local schools have visited us annually for 50 years) or help local artists with a place to show their work. Maybe, you simply enjoy the beautiful view of Winter Harbor gifted to the Town by Dr. Libby.

If you care, please consider helping "The Libby Museum Restoration Fund", Box 629, Wolfeboro, NH 03894. If you'd prefer to pledge a 2020 or 2021 gift or securities, drop us a note, and we'll send the relevant forms.

**Alana Albee, Director
The Libby Museum**

What is it?



A "Killick" or anchor, found in Alton Bay by Oliver O. Deane in 1966. Dated by the Smithsonian, circa 1700s.



COMMUNITY CALENDAR

October

18	2:00 PM - 5:00 PM	Hikers Fall Rummage Sale	WWH
19	10:00 AM - 2:00 PM	Hikers Fall Rummage Sale - Continued from Friday	WWH
23	6:00 PM - 8:00 PM	Pot Luck supper. Speaker Conservation Officer Ken St. Pierre	WWH
25	7:00 PM - 7:30 PM	Supervisors of the Checklist in session - NOTE: Last day for registered voters may change their party affiliation prior to the Presidential Primary	TTO
26	5:00 PM - 6:30 PM	Turkey Dinner at Methodist Church - call 569-2097 for reservations	TUMC
30	7:00 PM - 8:00 PM	History Book Club	TFL

November

1	All Month	Artist of the Month - Jill Moxcey	TFL
8	5:00 PM - 8:00 PM	Hikers Holiday Open House	TOTH
9	9:00 AM - 2:00 PM	Snowflake Fair - at 11:00 a Chowder Luncheon will be available	TUMC
9	9:00 AM - 3:00 PM	Hikers Holiday Open House	TOTH
9	4:00 PM - 6:30 PM	Grange Penny Sale	TGH
9	11:30 AM - 1:30 PM	Hikers Luncheon Open House - Take a break from holiday shopping	WWH
10	9:00 AM - 1:00 PM	Hikers Holiday Open House	TOTH

December

1	All Month	Artist of the Month - Scott Evans / Nautical Art	TFL
4	7:00 PM - 8:00 PM	History Book Club	TFL
19	10:00 AM - Noon	Readers' Choice Book Club - <i>Shoeless Joe</i> by W.P. Kinsella	TFL

Ongoing

NOTE: From October through December the Library will be under various stages of construction / refurbishment! Please consult the Library's web page for updates. <www.tuftonborolib.org/>

Last Wednesday of the month	7:00 PM - 8:30 PM	History Book Club meeting	TFL
Tuesdays	6:30 PM - 9:30 PM	Country, Bluegrass & Gospel Music Jam Session	OWC
Monday	6:30 PM - 8:30 PM	Knit Wits	TFL
Friday	10:00 AM - 11:00 AM	Pre-School Story hour	TFL
Saturdays	10 AM - Noon	Saturday Writers Group	TFL
Last Wednesday of the month	7:00 PM	History Book Club	TFL
55+ Singles Group	6:00 PM - 7:30 PM	Every Tuesday night July (not August or September)	TFL

KEY:

19MB - 19 Mile Bay Pavilion

DMF - Davis Memorial Field

TFL - Tuftonboro Free Library

THS - Tuftonboro Historical Society

TWS - Town Web Site

OWC - Old White Church

TFS - Tuftonboro Central Fire Station

TTO - Tuftonboro Town Offices

WWH - Willing Workers Hall

TCS - Tuftonboro Central School

TGH - Tuftonboro Grange Hall

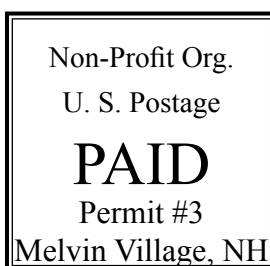
TUMC - United Methodist Church

TOTH - Tuftonboro Old Town Hall



This remodeled home located across from the Pope Dam on High Street in Melvin Village was once home to Major Samuel Downer Pope and his wife, Grace Fernald Pope, whose gift of land and water rights made possible the construction of the Pope Dam in 1952.

The Tuftonboro Association
P.O. Box 121
Melvin Village, NH 03850



TUFTONBORO POSTAL PATRON