# Tuftonboro Emergency Management Adam Thompson Emergency Management Director Telephone 569-3381

In light of the current situation with Hurricane Irene approaching New Hampshire in the next few days, Tuftonboro Emergency Managment offers the following tips and information that we hope you find useful.

#### Terms to Know:

Hurricane Watch: Hurricane conditions are possible within 36 hours

Hurricane Warning: A hurricane is expected within 24 hours

### **Before the Storm Begins:**

Check your sump pumps

Check your generators, make sure they are at least 10 feet from the structure and properly ventilated. Extra fuel for generators. Never refuel while running, shut down and allow to cool.

It is a good practice to stock your home with essentials for many possible emergencies. It is advisable to keep at least weeks worth of food, water, and supplies on hand.

Water: The average person needs at least 1 gallon of water or other liquid to drink per day but more would be better. Fill buckets or bath tub to have water for washing or flushing toilets

Food: You should have enough non perishable foods to feed you and your family up to seven days. Some suggested foods for emergencies include; whole dry milk, canned fruit juices, canned meats like Vienna sausage, meat spread, or tuna, meat substitutes like beans, bread, crackers, peanut butter, dried fruits, any special dietary needs.

Supplies and Equipment: Organize the following items in one place so that you can get to them easily.

- A battery operated radio (extra batteries)
- Extra cell phone batteries
- Flashlights
- Blankets or sleeping bags
- Paper plates, utensils and a bottle opener and mechanical can opener
- Toiletries
- Cash, ATM's may not be working due to lack of power
- Propane for gas grills
- Fire extinguisher
- Plastic sheeting and duct tape
- Garbage bags
- · Pet care items and food

### **Outside your Home:**

- Remove and safely store any outside furniture or objects that could become projectiles.
- Remove or secure your boats and personnel watercraft
- Ditch or trench water away from your home
- Remove any trees that could fall on your home

### **During a Hurricane Threat:**

- Stay tuned to radio and TV for updates
- Secure outdoor objects or bring them inside
- Stock up on food and water in case you must take shelter in your home
- Fuel up your car

### Plan for Evacuation:

If you are going to a public shelter, make a "go bag" the most important items to take are your medication, a blanket, an extra change of clothing and maybe a small supply of energy foods like granola bars or raisins. It is also advisable to bring an extra pair of eyeglasses if available and / or hearing aid batteries if needed.

## **During the storm**

- Stay secured room
- Stay away from windows
- Do not use the phone or candles
- Monitor weather or Emergency Broadcast System announcements
- Remain indoor when the eye moves over, the storm will resume quickly

### After the Storm

- Make sure that all is clear and the storm has completely passed before going outside
- Report downed power lines and stay away from them
- Call to report outages 800-343-6432
- Used stored water and food
- Be patient, things will take a while before they return to normal

We hope that this document provides some useful information. This is not in any way a complete list but a lot of information is available on Hurricanes as well as other emergencies.